

# What's the Buzz?

with Deez L'Town Beez

*Hello friends and fellow keepers!*

## How I Found My Way to Beekeeping

My beekeeping journey began in an unexpected way...with illness. Years ago, while caring for our horses, I contracted Lyme disease. Suddenly, the outdoor life I loved of fresh air, sunshine, and being in the yard was replaced with endless doctor visits, IV therapy, and far too many days of feeling unwell. After a long stretch of trying to heal, I knew I needed something more natural to support my body. My doctor suggested local honey due to its beneficial properties that can naturally boost the immune system. The only problem? It wasn't easy to find. Bees have been in decline, which means fewer backyard beekeepers and less local honey available. That's when a lightbulb went off. I could become a beekeeper myself! Not only would I have access to my own honey, but I could also play a small role in supporting the environment. And so, a new chapter began. Beekeeping became more than just a hobby. It was my Zen. After years of being stuck indoors, stepping outside into the hum of the bees felt like pure heaven. It was a breakthrough moment that I am forever grateful.

## Where the Bees Have Brought Me

These days, my beekeeping journey has grown into something far bigger than I ever imagined. I now teach beekeeping classes, mentor new beekeepers, and serve as President of the Association Southern Maryland Beekeepers (ASMB). What started as a way to support my own health has blossomed into a passion for helping others discover the joy of working with bees. I also run a small business selling honey and hive-based products, something I love sharing with the community. My body doesn't always cooperate the way I'd like, but I'm feeling so much better than I once was, and I'm truly blessed to be surrounded by friends and apprentices who lend a hand when I need it.

*Beekeeping has given me purpose, healing, and community and I couldn't be more grateful.*

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FOR YOUR SUPPORT

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## STUFF YOU'RE GOING TO WANT TO KNOW



**MedStar St. Mary's Hospital  
Farmer's Market**

September 5, 10am-2pm



**Charles County Fair**

September 11-14th

Entries due Sept 10th



**St. Mary's County Fair**

September 18-21st

Entries due Sept 17th

St. Mary's Catalog



**Calvert County Fair**

September 24-28th

Entries due Sept 22nd



## Seasonal Beekeeper's Reminder

This time of year is especially important for colony health. Be sure to take a close look at your hives and check for:

- Wax moth pressure
- Small hive beetles
- European hornet activity
- Signs of Nosema



Catching these issues early can make all the difference as your colonies prepare for the cooler months ahead.

## Deez Facebook Shorts



**Strategies Against  
Invaders**

**Defending the Castle**

Happy Keeping !