

# What's the Buzz?

with Deez L'Town Beez

*Hello friends and fellow keepers!*

## HAPPY NEW YEAR FRIENDS!

January is usually a quiet, reflective time for beekeepers. The bees are tucked in for the winter, and we often use this season to write, create, build, repair, and learn. This year, though, January has been anything but slow, with family travel and lots of planning already underway for the season ahead.

New Year's Day doesn't just mean turning the calendar page, it also means nuc sales are officially open! We've posted preorder links for spring bees on our website and are kicking off our outreach through beginner beekeeping classes with the Association of Southern Maryland Beekeepers. (So much for a slow January!)

As usual, my to-do list keeps growing. Next week, January 7–11, I'll be heading to the North American Honeybee Expo in Louisville, Kentucky, along with several fellow beekeepers from Maryland. With nearly 10,000 attendees expected, it promises to be a great mix of learning, shopping, and a little beekeeper fun. I've never been to the area before, so I'm especially excited. We'll be sharing what we learn at the Association meeting on January 18th. I'm also up for re-election as President of the Association, and I couldn't be prouder of the good work we're doing together.

For our customers, we still have plenty of hive products, soaps, and gift goodies available for birthdays and special occasions. We also have honey in stock, our dark honey sold out quickly, but we do still have a few cases of light honey available. You're always welcome to order online or reach out to set up a meetup. Laurie will be keeping the store running smoothly while I'm out of town.

***Wishing you a very Happy New Year, with blessings to you, your families, and your bees.***

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## STUFF YOU'RE GOING TO WANT TO KNOW

We don't have any vendor shows on the schedule for January, but....

here are two cozy, soothing hot honey drinks that are easy to make and perfect for winter evenings or scratchy throats.

### Honey Lemon Ginger Tea (No Tea Bag Needed)

#### Ingredients

- 1 cup hot water (not boiling)
- 1-2 teaspoons Deez L'town Beez honey (to taste)
- 1-2 teaspoons fresh lemon juice
- 3-5 thin slices fresh ginger
- (or ¼ tsp ground ginger in a pinch)
- Optional: pinch of cinnamon or a splash of apple cider vinegar

#### Instructions

- Add the ginger to hot water and let it steep for 5-10 minutes.
- Stir in the honey until dissolved.
- Add lemon juice (or any extras).
- Sip slowly and enjoy the warmth.

#### Why it's great

- Honey soothes the throat
- Ginger warms and settles the stomach
- Lemon brightens everything up

### Honey Nightcap Milk

If you want something gentler and caffeine-free:

- Warm 1 cup milk (or oat/almond milk)
- Stir in 1 teaspoon Deez L'town Beez honey
- Add a pinch of cinnamon or nutmeg
- Optional: tiny splash of vanilla

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Happy Keeping !